

FIRST WEDNESDAY DEVOTION

A Holy Hour in Honor of St. Joseph

“Let my children honor my most pure heart in a special manner on the first Wednesday of the month by reciting the *Joyful Mysteries* of the rosary in memory of my life with Jesus and Mary and the love I bore them, the sorrow I suffered with them. Let them receive Holy Communion in union with the love with which I received the Savior for the first time and each time I held Him in my arms.”
(The Diary, Page 31.)



“Thus should he be honored whom the King desires to honor.”
(Diary, Page. 30)

(All references to Diary are to Sister Mildred Mary Neuzil’s Diary,
OUR LADY OF AMERICA.)

See also www.ourladyofamerica.com articles on St. Joseph
in archives under What’s New.

BEGIN: Sign of the Cross in honor of the Holy Trinity.

RECITE THE JOYFUL MSTERIES OF THE ROSARY

Per Sister Mildred Neuzil, this should be an extra rosary, as the Church has designated the Glorious Mysteries be said on Wednesdays. Include Hail, Holy Queen and Prayer to St. Michael

REFLECTION ON A PASSAGE ON ST. JOSEPH FROM SISTER’S DIARY:

Page 13; Pages 26-28; Pages 28-31; March 30, 1958, Pages 31-32.

LITANY TO ST. JOSEPH:

CLOSE WITH ONE OF THE FOLLOWING PRAYERS:

Prayer to St. Joseph

To you, O blessed Joseph, do we come in our tribulation,
and having implored the help of your most holy spouse,
we confidently invoke your patronage also.
Through that charity which bound you to the
Immaculate Virgin Mother of God
and through the paternal love with which you embraced the Child Jesus,
we humbly beg you graciously to regard the inheritance
which Jesus Christ has purchased by his Blood,
and with your power and strength to aid us in our necessities.
O most watchful Guardian of the Holy Family,
defend the chosen children of Jesus Christ;
O most loving father, ward off from us
every contagion of error and corrupting influence;
O our most mighty protector, be propitious to us,
and from heaven assist us in our struggle with the powers of darkness;
and, as once you rescued the Child Jesus from deadly peril,
so now protect God’s Holy Church
from the snares of the enemy and from all adversity;
shield, too, each one of us by your constant protection,
so that, supported by your example and your aid,
we may be able to live piously, to die holy,
and to obtain eternal happiness in heaven. Amen.

Prayer to St. Joseph

O blessed Joseph, faithful guardian of my Redeemer, Jesus Christ,
protector of your chaste spouse, the Virgin Mother of God,
I choose you this day to be my special patron and advocate
and I firmly resolve to honor you all the days of my life.

Therefore I humbly beseech you to receive me as your client,
to instruct me in every doubt, to comfort me in every affliction,
to obtain for me and for all the knowledge and love of the Heart of Jesus,
and finally to defend and protect me at the hour of my death. Amen.

Prayer to St. Joseph

O St. Joseph, whose protection is so great, so strong, so prompt before the
throne of God, I place in you all my interests and desires. O St. Joseph, do
assist me by your powerful intercession and obtain for me from your Divine
Son all spiritual blessing through Jesus Christ, our Lord; so that having
engaged here below your Heavenly power I may offer my Thanksgiving
and Homage to the most Loving of Fathers.

O St. Joseph, I never weary contemplating you and Jesus asleep in your arms.
I dare not approach while He reposes near your heart. Press Him in my name
and kiss His fine head for me, and ask Him to return the Kiss when I draw my
dying breath. St. Joseph, patron of departing souls, pray for us. Amen.

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*All for the Sacred and Eucharistic Heart of Jesus,
All for the Sorrowful and Immaculate Heart of Mary,
All in union with St. Joseph.*

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*Jesus, Mary and Joseph, I give you my heart and my soul.
Jesus, Mary and Joseph, assist me in my last agony.
Jesus, Mary and Joseph, may I breathe forth my soul in peace with you.*

DEVOTION TO SAINT JOSEPH

“On the last day, when all men shall be judged, the
damned will bitterly bewail their sins, which prevented them from
appreciating this powerful means of their salvation, and availing
themselves, as they easily could have, of this intercessor to gain
the friendship of the just Judge. The whole human race has much
undervalued the privileges and prerogatives conceded to my blessed
spouse and they know not what his intercession with God is able to
do. I assure thee, my dearest, that he is one of the greatly favored
personages in the divine presence and has immense power to stay
the arms of divine vengeance. ... From now on, during the rest of
thy mortal life, see that thou advance in devotion and in hearty love
toward my spouse, and that thou bless the Lord for thus having
favored him with such high privileges and for having rejoiced me
so much in the knowledge of all his excellences. In all thy
necessities thou must avail thyself of his intercession. ... That
which my spouse asks of the Lord in heaven is granted upon the
earth and on his intercession depend many and extraordinary
favours for men, if they do not make themselves unworthy of
receiving them.”

(Our Lady to Venerable Mary of Agreda, THE MYSTICAL
CITY OF GOD, Vol. III, Tan Books and Publishers, Rockford, IL,
Pgs. 167-168

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**Previous Newsletters on St. Joseph
In Archives Under “What’s New”**

March 2019: Thus Should He Be Honored Whom the King Desires to Honor

March 2019: Joseph, the Father of Jesus

June 2018: Fatherhood Is from God

March 2018: Joseph, Sanctified Immediately After Conception

December 2017: Joseph, the Hidden Figure of Bethlehem

April 2017: St. Joseph and the Passion of Jesus

March 2017: The First Wednesday Devotion in Honor of St. Joseph

March 2014: Mary and Joseph and the Interior Life

March 2012: God Willed Every Child Should Have a Father

November 2011: The Death of St. Joseph, Patron of a Happy Death

March 2011: Fatherhood Must Take Once Again Its Rightful Place Among Men

December 2010: Joseph, the Just One, Virgin-Spouse of Mary, Virgin-Father of Jesus

March 2010: The Passion of St. Joseph

March 2010: St. Joseph’s Perfect Obedience to the Divine Will

June 2010: St. Joseph, Virgin-Father and Co-Redeemer

November 2009: St. Joseph, Patron of the Universal Church

June 2009: The Divine Indwelling: The Secret of Secrets

Recommended Resources for Study and Reflection:

Edward Healy Thompson, **THE LIFE AND GLORIES OF ST. JOSEPH**, Tan Books, Charlotte, NC.

Rev. Andrew Doze, **JOSEPH, SHADOW OF THE FATHER.**

FAVORITE PRAYERS TO ST. JOSEPH, Tan Books, Charlotte, NC.

St. John Paul II, *Redemptoris Custos*, “Guardian of the Redeemer,” August 15, 1989.

Pope Leo XIII’s August 15, 1889 encyclical *Quamquam Pluries* on Devotion to St. Joseph.

Pope Pius IX, *Quemadmodum Deus*, proclaiming St. Joseph “Patron and Protector of the Universal Church.”

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St. Joseph, Protector of the Church and the home, pray for us.

St. Joseph, Patron of a happy death, pray for us!

Jesus, Mary and Joseph, pray for us.